

# FILL YOUR FEED: 15 TUCSON RESTAURANTS KILLING IT ON INSTAGRAM

GUIDES   LISTS

MARCH 21, 2019



BY MELISSA STIHL

**If you're looking for some more killer food on your Instagram feed, these should be on your follow list.**

Last year, before hipster-haven **Hotel McCoy** opened, the **Tucson Foodie Instagram account** was tagged in this post:



**hotelmccoy**  
19.3K followers

[View profile](#)



Note to self: if you stay in bed on Saturday morning scrolling through Instagram #tucsonfoodie, you will be overcome with hunger. #hangry

[View more on Instagram](#)

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**66 likes**

**hotelmccoy**

True story. Follow @tucsonfoodie and #tucsonfoodie and be hungry.

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#ilovefood #eattucson #tucsonfood #tacos #burgers #beautifulplating #notetoself #tucsonlife #tucsonaz #tucsonhotel #hotelmccoy #arthotel #travelandeat

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My phone was passed around our office (much laughter ensued) and we reposted the photo on our Instagram story — made our day.


Managing a foodie account means that a chunk of time is spent logged into Instagram each day — we're always on the hunt for drool-worthy photos and new dishes around town.

So what does the [@tucsonfoodie](#) “following” feed look like?

These 12 restaurants are on the list (with post notifications) and if you're looking for some more killer food on your Instagram feed, these should be on your follow list, too.


# 5 Points Market

Follow [@5pointstucson](#)



**5pointstucson**  
5 Points Market & Restaurant

[View profile](#)



[View more on Instagram](#)

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141 likes

**5pointstucson**

When [@riverviewfarmtucson](#) thins their radishes, y'all get the cutest food! 🏆

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Add a comment...

With the fresh, colorful ingredients in each dish, it would be hard to

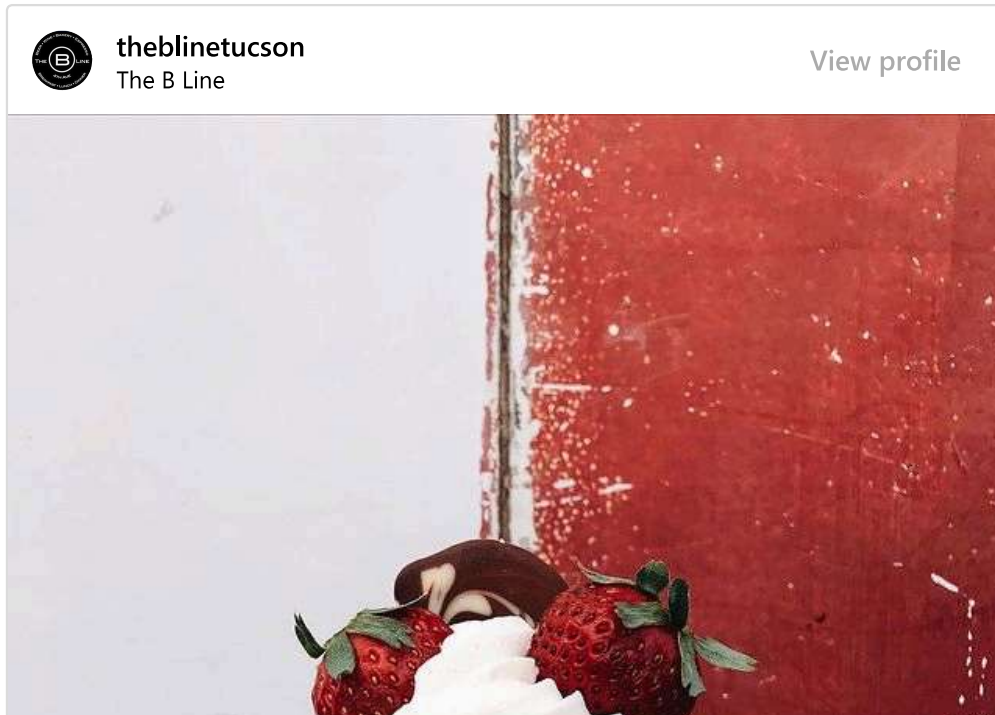
With the fresh, seasonal ingredients in each dish, it would be hard to get an unappealing photo from a table at 5 Points Market.

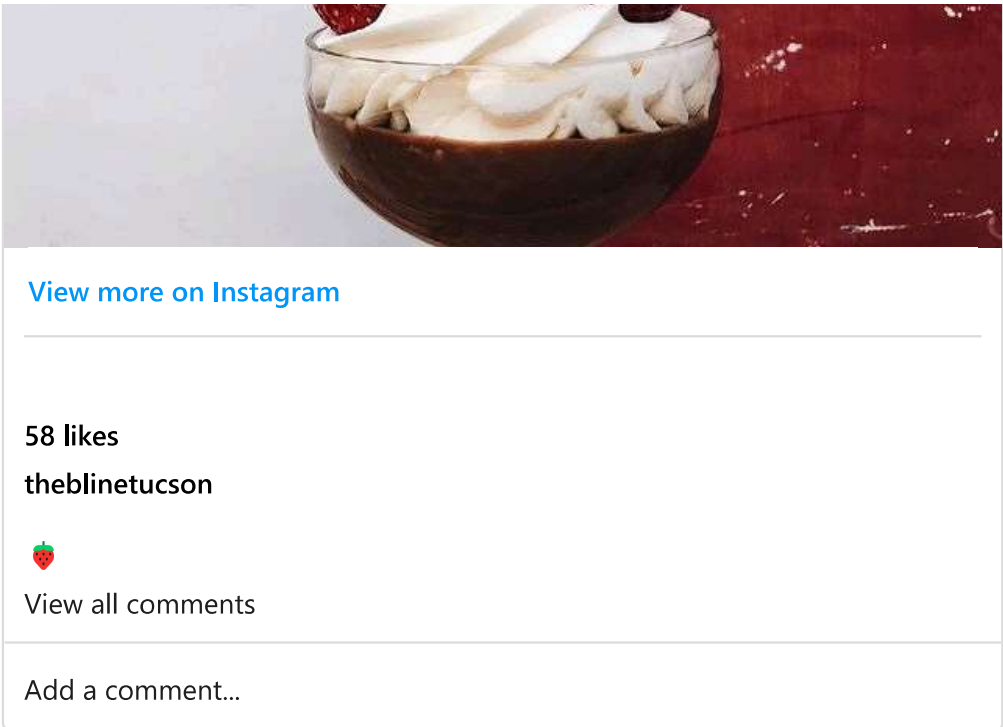
What really stands out about **their feed** is the focus on ingredients used in their food (they even grow some on their farm) as well as plated dishes and specials.

It's farm to table (and we can't get enough of it).

## The B Line

Follow [@theblinetucson](#)





**The B Line’s feed** will leave you drooling.

We love this feed for various reasons — the natural light, gorgeous plated dishes, and photos of the restaurant’s interior. The dessert photos, in particular, will stop you in your scrolling tracks... causing you to **double tap** to like.




# Commoner & Co. • Prep & Pastry

Follow [@commonerandco](#) • [@preandpastry](#)

COMMONER & CO. **commonerandco**  
Commoner&Co.

[View profile](#)



[View more on Instagram](#)

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**16 likes**  
**commonerandco**

"Shaken, not stirred" - Bond... James Bond

Add a comment...

In case you didn't know, Commoner & Co. and Prep & Pastry are sister restaurants. We love watching the two Instagram accounts for their



style and content.

Although there are similar elements, expect a different vibe for each feed.

**Commoner's** is moody and romantic, while **Prep's** is bright and fun and well... brunchy.

What you see on each feed totally makes sense given the vibe of each spot. We love the close-up photos of dishes and their witty captions.



[View more on Instagram](#)

121 likes

**prepandpastry**

Savory, sweet, savory, sweet....choose one, choose all...

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Add a comment...

# Ermanos Craft Beer & Wine Bar

Follow [@ermanosbar](#)



**ermanosbar**  
7,388 followers

[View profile](#)



[View more on Instagram](#)

56 likes

**ermanosbar**

Happy Fat Tuesday. Today, we're thinking about the carnival of Mardi Gras.

Carnival literally translates to "goodbye to meat". We think today's special potato tacos are worth saying goodbye to meat for a while. 🌮 Chipotle papas taco with pickled onions, candied garlic, cabbage and cotija 🌿 Green Chili Pork Taco with nopales salsa and Oaxacan cheese

Add a comment...

Around 11 a.m. on Tuesday mornings, if you stop by the Tucson Foodie office, I will likely be updating the **Ermanos Instagram feed** every few minutes hoping for a new post.

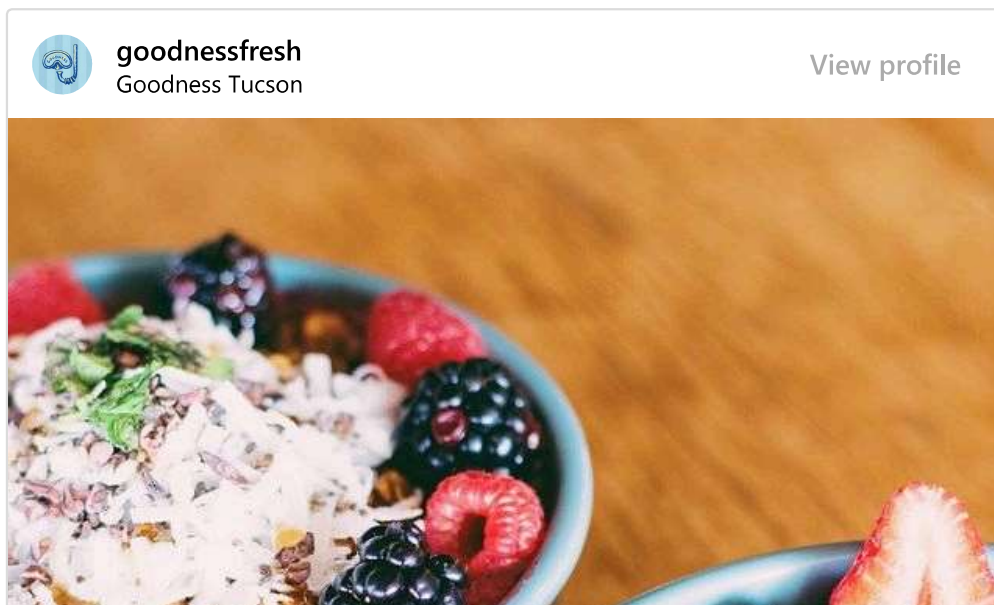
Ermanos has one-day-only specials throughout the week (a sandwich on Monday, tacos on Tuesday, and BBQ on Thursday), and their Instagram feed is the best way to find out what the special of the day is.

We've been known to send a Direct Message or two to this account to find out what the tacos of the day are. No shame!

Follow for the tacos but stay for the fun pictures from the Ermanos crew.

## Goodness Fresh

Follow [@goodnessfresh](#)





[View more on Instagram](#)

67 likes

**goodnessfresh**

CACAO WARRIOR 🍫👉 (açai, seasonal berries, banana, cacao nibs, chia seeds, almond milk, mint, coconut, house-made granola + local honey) & MANGO JUNGLE 🥭🌴️ (açai, seasonal berries, banana, mango, coconut, bee pollen, almond milk, almonds + local honey)  
[#superfoodsmoothie](#) [#spreadgoodness](#) [#goodnessfresh](#)

[View all 7 comments](#)


Add a comment...

The team at Goodness Fresh spreads good vibes and promotes colorful, good food.

Their **Instagram feed** is light and fresh, just like the food you'll taste there. From bright acai bowls and smoothies to colorful wraps and salads, their photos will make you want to dig into a big serving of, well, goodness.

# HUB Restaurant & Creamery • HUB Ice Cream Factory

Follow [@hubdowntown](#) • [@hubicecream](#)



**hubdowntown**  
HUB Restaurant & Creamery

[View profile](#)

[View more on Instagram](#)

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**35 likes**  
**hubdowntown**


"Lobster Ravioli" ricotta, sundries tomato, fennel, lemon, & beurre blanc.  
[#HUB](#) [#happyvalentinesday](#) [#appetizerspecial](#)


Add a comment...

We can't get enough of HUB's Instagram feeds — both **HUB Restaurant & Creamery** and **HUB Ice Cream Factory**.

The restaurant crew kills it with specials and gorgeous plated dishes —

we are in awe of the new menu items this team dreams up.

 **hubicecream**  
HUB Ice Cream View profile



[View more on Instagram](#)

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**35 likes**  
**hubicecream**

Build your own sundae! Just pick your flavors & we'll stack you up something delicious!!! #HUBIcecream #buildyourownsundae 🍓

[View all comments](#)

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Add a comment...

And since it's always ice cream weather in Tucson, it's a good idea to keep HUB Ice Cream Factory on your feed for a pop of color and daily hit of sweetness.

Follow them both and you'll have a hard time deciding whether you want dinner or dessert first.

<https://giphy.com/gifs/television-parks-and-recreation-rec-149t2L9dKTZkty>

# Maynards Market & Restaurant

Follow [@maynardstucson](#)



**maynardstucson**  
Maynards

[View profile](#)



[View more on Instagram](#)

49 likes

maynardstucson

The Roasted Beet Risotto: Red beets, goat cheese mousse, walnut gremolata, fines herbes. Enjoy it for dinner at Maynards Kitchen!

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. .

#maynardsmarket #maynardskitchen #downtowntucson #southwestisbest #maynardstucson #maynardsmarketandkitchen #tucsonfoodie #tucsonaz #oldpueblo #tucsonlocal #tucsonlife #eatlocalaz #supportlocal #nomnom #eatlocal #WSRestaurantAward #gardentotable #growlocal #seasonalmenu

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Maynards Market & Restaurant's **Instagram feed** is filled with gorgeous pops of color.

The restaurant and market are both beautiful and light-filled spaces and the aesthetic carries over to their Instagram feed.

We can't help but scroll through, admiring the dishes. Give us bright white table cloths, pretty place settings, and delicious food shots anytime!

## The Parish

Follow **@theparishtucson**

<https://www.instagram.com/p/BtWM9vComov/>

No one knows how to party like The Parish.

They're always cooking up something new and **their feed** highlights the delicious dishes and cocktails you can experience there (you'll see the staff make cameos, too).

Give them a follow to keep up-to-date with events, food specials, and



fun.

# Penca

Follow [@pencarestaurante](#)

**pencarestaurante**  
Penca

View profile



[View more on Instagram](#)

52 likes

**pencarestaurante**

Vegan bowl + taco de cabeza. Colors and flavors #fridaylunch #lunchmeeting #penca #downtown #vegan #veganmexican #tacos

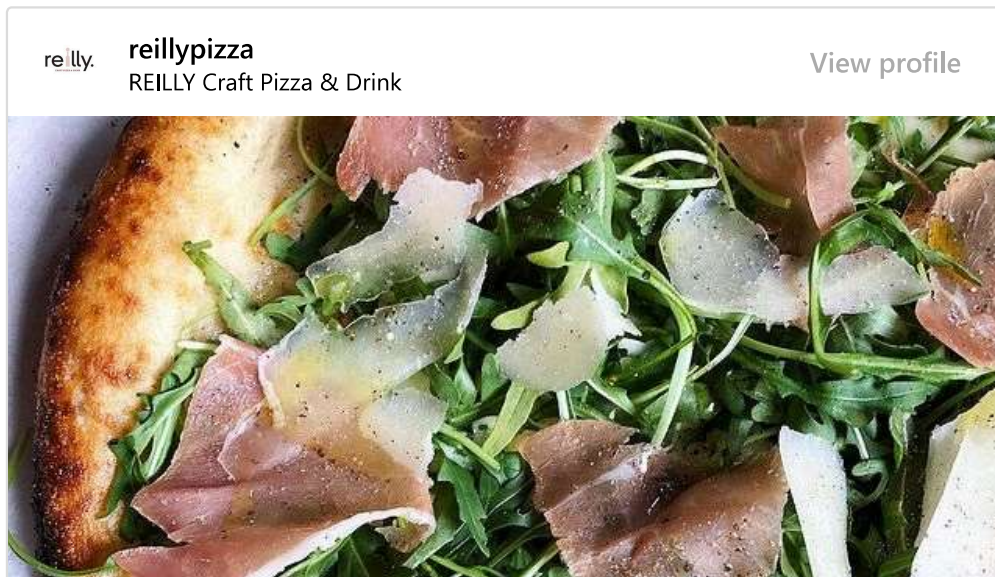
Add a comment...

Penca’s **IG feed** will immediately make you hungry (and thirsty) — advance warning.

About half the feed is dedicated to photos of crave-worthy dishes, while the other half is all ‘sangria and cocktails’.

# Reilly Craft Pizza & Drink

Follow [@reilypizza](#)





[View more on Instagram](#)

52 likes

reilypizza

Life is better with pizza. So are Mondays. #reilypizza

Add a comment...


Reilly's feed is basically carbs on carbs on cocktails — and we aren't complaining!

The downtown pizza joint's **Instagram feed** is worth a follow for their fabulous food shots, limited-time-only specials, and for all the pasta content your heart desires.

Their sister spots, **Reilly Beer Garden** and **Tough Luck Club**, are on the same property and also have Instagram accounts worth following. Check 'em out.


# Tavolino Ristorante Italiano

Follow [@tavolinoristoranteitaliano](#)



**tavolinoristoranteitaliano**  
Tavolino

[View profile](#)



[View more on Instagram](#)

**58 likes**  
**tavolinoristoranteitaliano**

We've made a traditional #caprese even better. We've added burrata and thinly sliced prosciutto. #italiancuisine #everydayitalian

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#italian #burrata #burratacheese #creamyburrata #caprese  
#summertomatoes #freshbasil #gardengrown #capresesalad #tucsoneats  
#tucsonfoodie #520eats #fattucson #feedfeed #prosciutto #formaggio

View all comments

Add a comment...

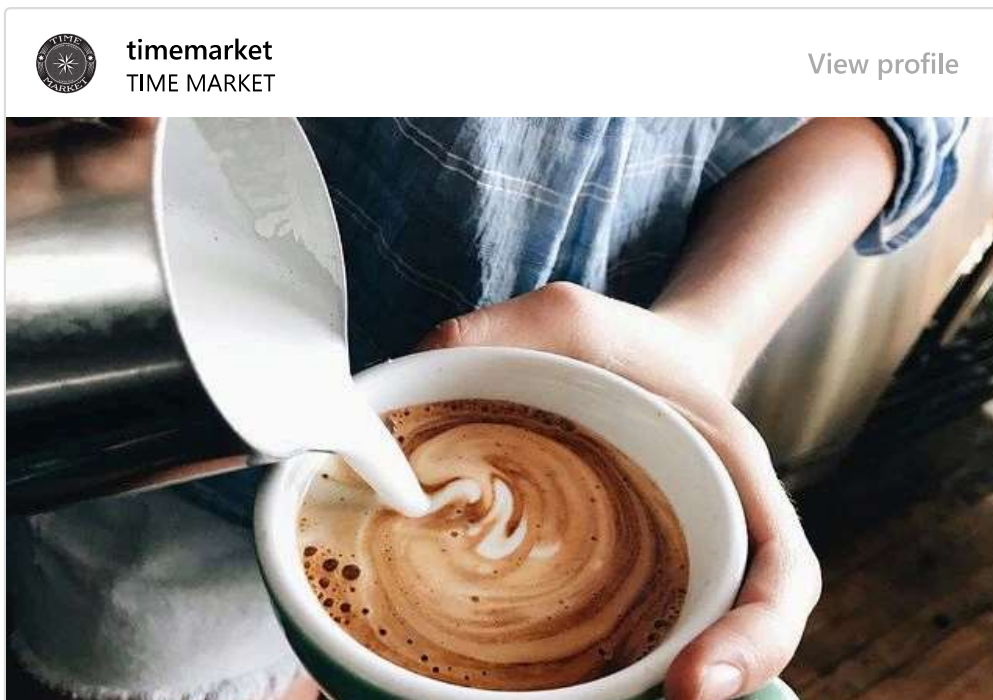
If you're looking to fill your feed with delicious Italian food, be sure to check out the [Instagram of foothills restaurant Tavolino](#).

The photos make us want to grab a fork and twirl through pasta while simultaneously helping ourselves to a slice of wood-fired pizza.

The colorful cocktails have us dreaming about (and/or planning) a quick getaway to the Italian coast. Venetian Spritz anyone?

## Time Market • Rincon Market

Follow [@timemarket](#) • [@rinconxmarket](#)





[View more on Instagram](#)

168 likes

timemarket

We've been enjoying those buttery dark chocolate notes in @intelligentsiacoffee Black Cat espresso. Try it for your next pick me up ☕

[View all comments](#)

Add a comment...

We have always been fans of Time Market's **Instagram account**. Like The B Line's, the feed is light-filled with soft colors.

It's really an art to make groceries look that good.

**rinconxmarket**  
Rincon Market

[View profile](#)

[View more on Instagram](#)

88 likes

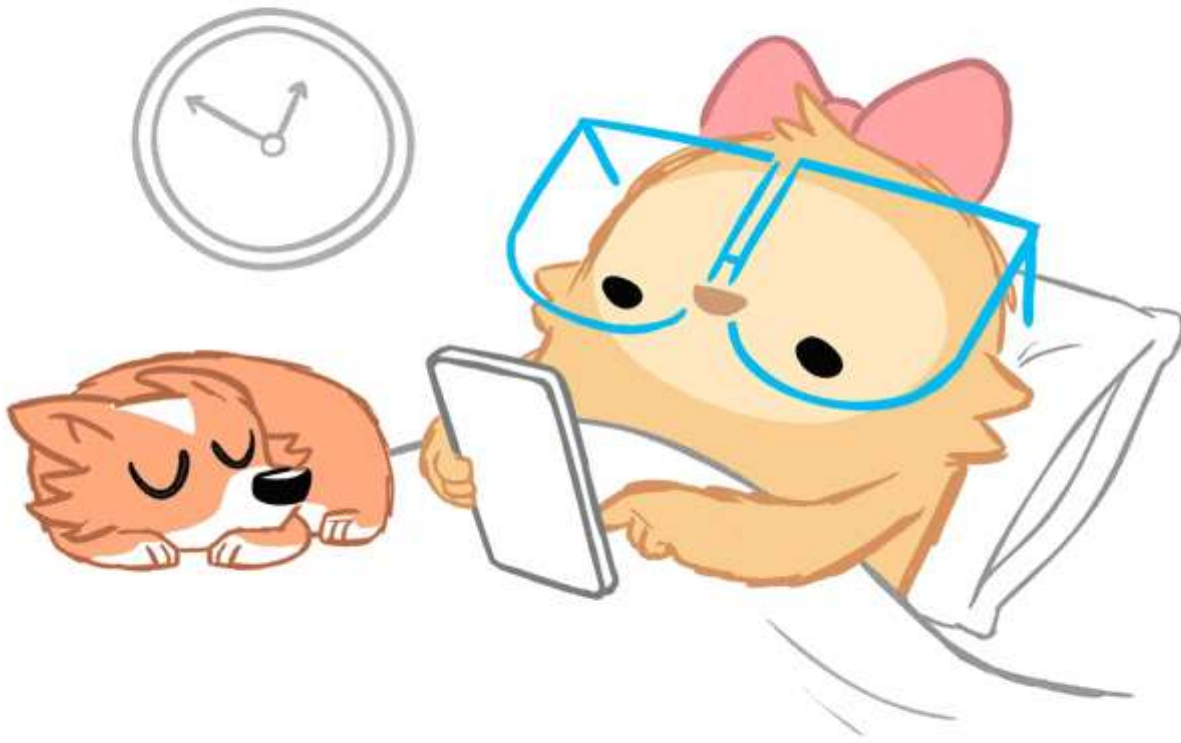
**rinconxmarket**

A breakfast spread bound to fuel your day 🍓

View all comments

Add a comment...

When the owners of Time Market bought Rincon Market (recently), we couldn't wait for the makeover to begin. If you want to watch the transformation, be sure to give **Rincon Market's Instagram** a follow.



SLOTHILDA.COM

# Honorable Mentions: **Presta Coffee Roasters**

Follow [@prestacoffee](#)



**prestacoffee**  
Presta Coffee Roasters

[View profile](#)



[View more on Instagram](#)

241 likes



**prestacoffee**

Have you tried our seasonal drinks yet?

Turmeric Ginger Latte is serviced hot or iced for your enjoyment.

[View all comments](#)

Add a comment...

Although Presta Coffee is not technically a restaurant, it deserves an ‘honorable mention’ for various reasons.

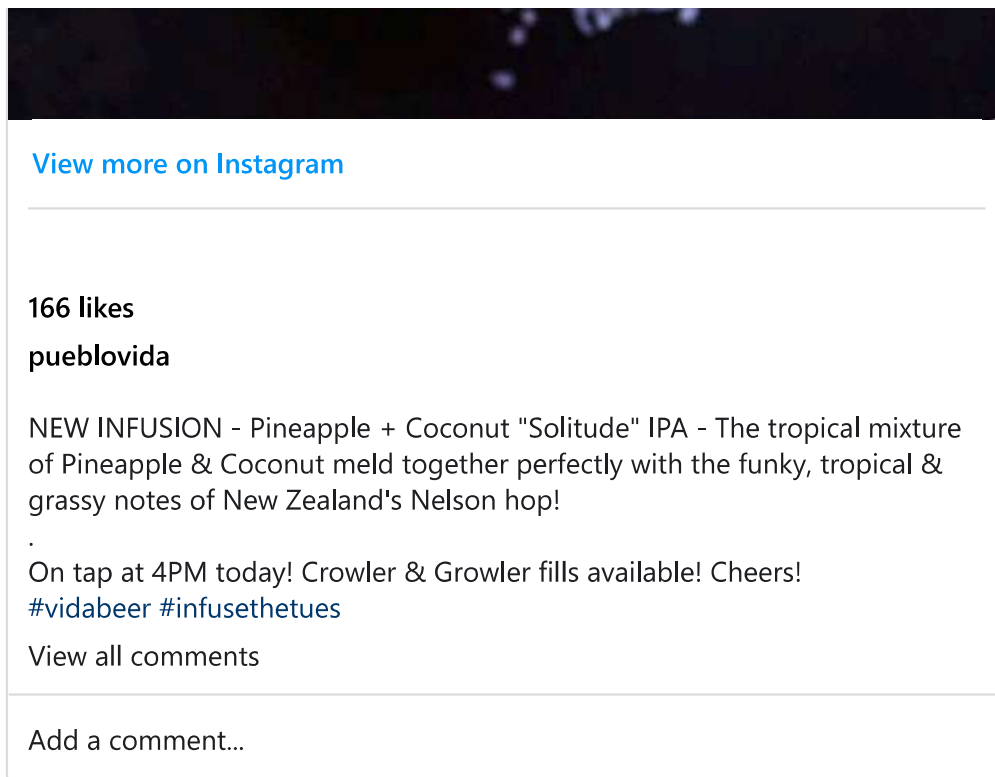
Presta posts gorgeous coffee photos, snaps of travel adventures, and behind-the-scenes shots of baristas and staff — love.

If a **coffee-focused Instagram** can incite *wanderlust*, this one does the trick. Luckily, you don’t have to travel far to get to the closest Presta Coffee location.

## Pueblo Vida

Follow [@pueblovida](#)





Another beverage-focused **Instagram account** we love to refresh is Pueblo Vida's.

The highly curated feed focuses on beer (obviously) but has Tucson's active / adventure feel as well.

We watch intently for the specialty beer-infusion shots.

Their weekly infusions are so special, they always sell out — so act fast and head to Pueblo Vida for a brew when you see one on the gram.

# Tucson CSA

Follow [@tucsoncsa](#)



**tucsoncsa**  
Tucson CSA

[View profile](#)



[View more on Instagram](#)

**85 likes**

**tucsoncsa**

Still riding high on citrus season over here 🍊 🌸 🍋 Do you prefer to spoon or slurp your grapefruit? #TucsonCSA

.  
. .  
#whyilovewhereilive #tucson #tucsonfood #tucsonfoodie #farmtotable  
#localfood #local #csa #communitysupportedagriculture #food52 #feedfeed  
#veggies #organic #winter #winterproduce #bajaarizona #organicfood  
#greens #wintergreens #goodfoodaz #eatlocal #arizonagrown #kumquats  
#localcitrus #arizonacitrus #oranges #lemons #grapefruit

View all comments

Add a comment...

This is not technically a restaurant either but *we had to* include the **Tucson CSA Instagram** on this list.

The CSA farm-share program brings farm-fresh ingredients to tables around Tucson each week and posts recipes of how to use your bountiful produce.

Their weekly “market haul” on Instastories reveals what’s in season — and encourages us to rush out and stock up. You should too!

*Disclaimer: Please note that the author of this article manages a number of social media accounts in Tucson, including some mentioned in this article.*

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